

## Information on our School

Bruno Delmaestro Skating Schools have been in operation for 39 years. We specialize in proper power skating technique, correct technique with the puck and on ice conditioning. Our customers are served by providing our consistent teaching and by remaining a small, personalized hockey school. All programs are designed by Bruno. The skaters that attend this school come to improve one of the most important skills in the game of hockey which is skating. If you are going to play hockey, you must know how to skate properly.

Bruno Delmaestro Skating Schools knows what it takes to be the best. We offer quality and efficient instruction in a no-nonsense, no-frills atmosphere. Space is limited in all classes.

## Spring Skating Programs 2024

Burnaby Winter Club - 4990 Canada Way, Burnaby

### Session A - U12-U15 11-14 years or older

Rep Player session for A1 or A2 players  
April 3-June 5 10 sessions  
Wednesday 8:00-9:00pm Activity Rink  
Cost \$600

### Session B - U9 7-8 years old

Skater must be able to skate forward, backwards and stop!  
April 6-June 15 10 sessions  
Saturday 1:15-2:15pm No Class May 18  
Cost \$600 Training Rink

### Session C - U12 9-12 years old

Skater must be able to skate forward, backwards, stop, and crossovers  
April 6-June 15 10 sessions  
Saturday 2:30-3:30pm No Class May 18  
Cost \$600 Training Rink

### Session D - U12 9-12 years old

Players must be playing A1 or A2 level of hockey  
April 7-June 16 10 sessions  
Sunday 6:15-7:15pm No Class May 19  
Cost \$600 NHL Rink

### Session E - U13-U16 12-16 years or older

Players must be playing A1 or A2 level of hockey  
April 7-June 16 10 sessions  
Sunday 7:30-8:30pm No Class May 19  
Cost \$600 NHL Rink

## Spring Skating Programs 2024

Planet Ice - 2300 Rocket Way, Coquitlam

### Session F - U12 8-12years old

Skater must be able to skate forward, backwards, stop, and crossovers  
April 8-June 10 9 sessions  
Monday 6:30-7:30am No classes May 20  
Cost \$560 Rink #3

### Session G - U12-U16 11-16 years old

Players must be playing A1 or A2 level of hockey  
April 11-June 6 9 sessions  
Thursday 6:30-7:30am  
Cost \$560 Rink #3

## Scotia Barn

6501 Sprott Street, Burnaby

### Session H - U12-U16 11-16 years old

Players must be playing A1 or A2 level of hockey  
April 9-June 18 11 sessions  
Tuesday 6:30-7:30am Rink 1  
Cost \$660

## Program Description

Spring skating programs are geared towards Rep hockey players. This is not a learn to skate program. The programs will consist of proper skating technique and mechanics. The emphasis is on teaching basic skills, agility, acceleration, edge exercises, forward and backward skating, crossovers, all turns and quick starts. Physiologically, players will develop their cardiovascular and muscular endurance, muscular strength, and power. Players will be trained how to skate with, and without the puck to enhance and develop the player's own personal style of skating.

## Group Player Development for all Levels of Players and Teams

Bruno Delmaestro is available for private, small group and team instruction for all levels of players, all year round. Contact Bruno Delmaestro at his e-mail: [onice44@hotmail.com](mailto:onice44@hotmail.com) for further information.

## Session Rules

Full equipment must be worn, including neck guards, otherwise you do not get on the ice. No exceptions! Students must provide their own water bottle. There will be no leaving the ice without permission from the on-ice instructor. Anyone not giving full attention, focus, and effort may be asked to leave the ice or skating school. No refund will be given for the session. No videotaping of sessions, players, or coaches is permitted on Bruno Delmaestro Sessions.

## Registration and Payment

- Please complete all info on the Sign-Up Genius first. Once you have secured your spot you will receive a confirmation from Sign-Up Genius. Please send your signed registration form, and E-transfers to the following email ([onice44@hotmail.com](mailto:onice44@hotmail.com)). Please email your registration form and provide the security password. E-transfer made out to Bruno Delmaestro. Your e-transfer payment must be received on the day you sign up, otherwise you will be removed from the sign up, and the spot will become available.

- If you are waitlisted do not send in a registration, or e-transfer. We will notify you if a spot comes available.

- We reserve the right to reschedule or regroup players according to enrollment and their skating ability. Even if a player has registered for a class.

- All refunds will be subject to an administration fee of \$75.00. No refunds issued once class has started.

- Once your e-transfer has gone through your registration has been accepted. It will take several weeks to process e-transfers. If you have any problems with registration, please contact us by e-mail at [onice44@hotmail.com](mailto:onice44@hotmail.com).

## Registration Form (1 per player )

Please complete this registration form AFTER you have registered on Sign-up Genius.

Registration form and e-transfer is to be sent to [onice44@hotmail.com](mailto:onice44@hotmail.com) with skater's name, and session in the subject line of the e-transfer.

Name.....

Address.....

City .....Postal Code.....

Birth Date .....Age: .....

Cell.....

E-Mail.....

Session .....Cost.....

E-Transfer  
Password.....

We, the applicant, and his/her parent/guardian agree that Bruno Delmaestro, his employees, along with the employees of the ice arena are not liable for, nor will they be held responsible for any accident or loss however, caused, and agree to release same from all claims or damages. We further state that the applicant has no medical problems and is in good physical health and that the above-mentioned parties will not be responsible for any medical, dental claims and/or insurance. Bruno Delmaestro and his employees are not responsible for any lost or stolen articles. We agree to the use of any pictures or video taken at the school by Bruno Delmaestro for use in marketing/ promotion in print and/or computer media, without reimbursement. We reserve the right to reschedule or regroup players according to enrollment and ability. All refunds are subject to a \$75.00 administrative fee. No refund issued once class has started. **School schedules are subject to change.** HST #896311172RT  
**Signature of Parent/Guardian Feb 14, 2024**

## Bruno Delmaestro



Bruno Delmaestro has a strong background in skating, having been a three-time Italian National figure skating champion, European and world competitor, and a hockey player. He has been able to transfer this success to his coaching and has been training hockey players, figure skaters and coaches for the past 39 years. He has developed his own theory and methods for teaching hockey, ringette and figure skating. He is currently a NCCP Level 4 Certified coach in Canada.

Bruno has coached many of his figure skaters to National and International medals. In 1999, 2001 and 2006 he was selected as the Competitive Coach of the Year for the British Columbia and Yukon Sections of Skate Canada.

In hockey, Bruno has trained players who have been Drafted and have played in the N.H.L., Team Canada, European, and Asian hockey leagues, W.H.L., B.C.H.L., NCAA as well as players who have been awarded university scholarships in North America. For the past 6 years, Bruno has trained Connor Bedard, the 2023 #1 draft pick in the NHL. Bruno has been a Skate Canada Master CanPowerSkate Course Conductor and has worked with many different minor hockey associations who have used his skating programs.

**Bruno is undoubtedly considered one of the best in the field by many hockey coaches, players, and parents.**

## 39th Annual Spring Power Skating and Hockey Programs 2024



**For information and registration  
Contact us at  
[onice44@hotmail.com](mailto:onice44@hotmail.com)  
[www.theskatingmaster.com](http://www.theskatingmaster.com)**

**Visit us on Instagram  
[@brunodelmaestroskatingschools](https://www.instagram.com/brunodelmaestroskatingschools)  
and on Facebook**